INFORMATION ABOUT THE IBERIAN PIG PRODUCTS

The reasons for choosing it.

What makes the difference is that the total proportion of **unsaturated** fatty acids in Iberian pork products which have consumed a diet of acorns is **over the 75%**, making it the most **"cardio healthy"** of all the animal fats, even healthier than some fat of vegetal origin.

The saturated unhealthy fat is present in less than a 30%, It is a very low cholesterol content (60 mg per 100 gr), less than beef.

The breed of Iberian pigs is not the only explanation for this cardio healthy fat content; their staple diet of acorns and grasses plays also an very important role.

In addition, Iberian pig products provides vitamins **B1**, **B6**, **B12**, **E** and **folic acid** as well, all highly beneficial for the nervous system including the brain and the antioxidant effect of selenium and the E vitamin for their anti aging properties.

It is also rich in minerals such as **copper**, essential for bones and cartilage; **calcium**, **iron**, **zinc**, **magnesium**, **selenium** and **phosphorus**.

All this properties convert the Iberian pork products in the ideal treats and the best diet complement for our pets by improving their health specially of their hair and teeth.